

ePULSE

Issue #46

Newsletter of the Health Sciences Library Association of NJ

Autumn 2001

HSLANJ MEMBERS GATHER FOR SPRING AWARDS DINNER

By Elaine Brogan, Children's Specialized Hospital

Approximately 50 HSLANJ colleagues and guests joined together on May 10, 2001 for an evening of fun and fellowship. The yearly awards given to Physician, Administrator and Librarian of the Year were presented at the Madison Suites Hotel in Somerset, New Jersey. This year the category of Library Support Person of the Year was instituted. A cocktail hour and buffet dinner afforded the opportunity for everyone to enjoy lively conversation as well as networking among individuals from various walks of the New Jersey information world. Following dinner, the following individuals were honored:

John Apovian, MD was recognized as Clinician of the Year. In his position as Director of the Medical Clinic at Hackensack University Medical Center, he has recognized the Library's contribution to the Medical Center and continues to make the institution aware of their importance. Because of this unflinching support, he has volunteered to chair a fundraising campaign to meet the need for the construction of an expanded library at HUMC raising well over \$1.7 million to date on the way to a goal of \$2.5 million. To the delight of the assembled crowd, the Hackensack University Medical Center Foundation presented a \$1000 gift to HSLANJ, in honor of Dr. Apovian and all of the good work he has done at HUMC. What a wonderful way to honor a man who values the work done by Health Science Librarians!

Administrator of the Year was presented to Laurie Westra, Vice President of Quality for Trinitas Hospital. In her nomination letter, Elisabeth Jacobsen declared how much she appreciated the fact that during a time of merging two library collections into one, Laurie allowed her to envision what could be in this new entity and redesign the library's direction. In this rapidly changing hospital world, a supportive Administrator is an invaluable partner!

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Consumer Health Program Coming in December

By Vicki Sciuk, Education Chair, Overlook Hospital

The December HSLANJ meeting will be held on Thursday, December 6 at Kessler Institute for Rehabilitation (KMRREC) in West Orange. The meeting will include a business meeting and a program from the Consumer Health Committee featuring Kathy Moeller's "Government Resources in Consumer Health" course. This class covers online government sources of consumer health information, and is approved for 4 MLA CE credits, which can be used towards the MLA Consumer Health Credential program. Kathy will also be teaching this course in Dallas at MLA 2002, so this is your opportunity to see a new national program right here, taught by one of our own!

Expert Speaks on Nursing Resources

By Claudia Allocco, Valley Hospital

The March 21, 2001 meeting of HSLANJ featured an in-depth presentation by Margaret (Peg) Allen, MLS, AHIP, and Library Consultant. The presentation, *Finding the Best Resources to Answer Nursing Questions*, was well-attended and well-received by HSLANJ members and nurses. Members were encouraged to invite interested nurses from their institutions.

The presentation clearly identified the four goals outlined by Peg Allen:

1. Identifying high quality websites, subject directories, and bibliographic databases for nursing;
2. Searching for evidence-based nursing resources in CINAHL (Cumulative Index of Nursing and Allied Health Literature) and MEDLINE;

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A new category was instituted this year and proved to be very popular. Support Person of the Year was awarded to Marita Delmonico, Library Assistant at the Kessler Medical Rehabilitation Research and Education Corporation Library. With so many of us facing solo staffing situations and little or no clerical support, Librarian Robb Mackes stated that he can be away from his library and know that the people to whom he answers and those which his department serves are left in good hands with Marita.

The New Jersey Health Sciences Librarian of the Year award was presented to Cathy Hilman, Health Science Librarian at Raritan Bay Medical Center. In addition to managing more than one library, Cathy has never shied away from “accomplishing difficult, unglamorous tasks for the association.” In her nomination of Cathy, Pat Regenberg elaborated on the fact that Cathy takes on those labor intensive behind the scenes jobs and follows through and completes them! Given the thunderous applause shown by the crowd, her colleagues seemed to concur with those kind words.

Preceding the awards, Victor Basile, University Librarian at the University of Medicine and Dentistry of New Jersey-Newark was presented a retirement gift in honor of his contribution to the HSLANJ organization. Victor, named Librarian Emeritus at UMDNJ, recently retired after more than 25 years of service at the University. Congratulations and enjoy a well-deserved retirement, Victor!

I would like to thank the other members of the Awards Committee, Eleanor Cohen and Rekha Gandhi for all of their hard work in the planning of this event. Whether we e-mailed, faxed or phoned each other, they carried everything off with ease, professionalism and even a sense of humor! Thank you also to Mary K. Joyce and Robb Mackes who offered additional assistance. It was a lovely evening and judging from the responses afterward it appears that we just might establish this as

an annual tradition. Stay tuned next spring as to the day, place and time so that you don't miss out on our 2nd annual dinner!



L-R: Ann Baran, VP of Nursing, Trinitas Hospital, Laurie Westra, Administrator of the Year, Elisabeth Jacobsen



L-R: Robb Mackes, Marita Delmonico, Support Person of the Year, Eugene Delmonico



L-R: Barbara Reich, Duressa Pujat, Ines Apovian, and Dr John Anovian, Clinician of the Year



L-R: Pat Regenberg, Cathy Hilman, Librarian of the Year.

Hospitality Corner

by Lia Sabbagh, Hospitality Committee Chair, Englewood Hospital

The Hospitality Committee welcomes the following new members:

KEYDI BOSS is the new librarian at Holy Name Hospital, Teaneck, NJ (Bergen-Passaic Consortium). She recently got her MLS from Rutgers Univ. Having worked at Elizabeth General Hospital for 2 years as a library assistant and as a volunteer for 9 years, she decided to follow her mother's (Cathy Boss - Jersey Shore Medical Center) footsteps. We wish Keydi good luck in her new profession.

SANDY CATENACCI was previously employed at Boston Scientific Vascular in the Business/Technical Library, for 12 years. She maintained the library services and provided information for 350 business/technical people. The company relocated and library was closed. Prior to working at Boston Scientific, Sandy was employed as an assistant to the librarian in the Oakland School system. Sandy is happy to join the staff at Englewood Hospital and Medical Center, having similar responsibilities. Sandy and her husband Peter, live in Oakland with their two sons.

GRACE GABOURY is the new part-time librarian at Chilton Memorial Hospital. Prior to coming to Chilton, she did reference work for two and a half years at Wayne Public Library and one year at West Caldwell Public Library. She also worked in other states in Reference and technical services in university libraries, community college and hospital Libraries (South Fulton Hospital-East Point, Georgia and Lake Forest Hospital-Lake Forest, Illinois). She received her Master of Arts in Library Science from University of Michigan and has done advanced study at the Univ. of Pittsburgh. She is pleased to be back in a hospital medical library and especially to be working at Chilton.

TINA STILTZ HENRY has had a long career serving as director/manager of libraries. She is a writer and former teacher of English and history. She also ran a mail-order bookstore and headed up public relations for various organizations. Prior to coming to Grantham Memorial Library at Rancocas Hospital in Willingboro, Tina was the coordinator of Library Resources for the National Board of Medical Examiners in Philadelphia, and Manager of the Taylor Hospital Medical Library in Ridley Park, Pa., where she also served as Coordinator for Continuing Medical Education for Physicians. She single-handedly obtained accreditation for Taylor Hospital, a rare status for a community hospital. Tina was the recipient of the Robert H. Ivy Award in Lansdowne, Pa for outstanding service to the library, to the Friends of the Library and to her community. She enjoys history of medicine, opera and

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3. Finding resources for nursing practice questions, such as competencies, job delineation, practice acts, licensing, organizations, and legislative and economic issues; and
4. Identifying marketing strategies to improve knowledge-based information services for nurses and nursing students in our organizations.

Ms. Allen provided us with a wealth of material, including her PowerPoint presentation, with handouts, bibliographies and a pre- and post-test. This was a very detailed and most informative presentation for all attendees. Ms. Allen is truly an expert in this field. The Education Committee should be applauded for their efforts.

collects Victoriana and horticultural ephemera. In her own words: " My real career was my husband and children, and now my children and grandchildren; and my varied professional life was fashioned around them. It continues to be an exciting journey."

MICKI McINTYRE although new to HSLANJ, is not a stranger. Micki has been at UMDNJ Health Sciences Library in Stratford since 1987. She is now the UMDNJ HealthyNJ Librarian, and spends most of her time growing and polishing the HealthyNJ web site. Micki's MS is from Columbia University, and her BA is from Ramapo College. Micki is presently the President of the Board, Webmaster, and Newsletter Editor for a volunteer organization called PetPALS of Southern New Jersey. She collects cats, creates quilts, and also does plenty of volunteer work with her church.

LISA PRICE joined the staff at UMDNJ/Stratford as the new Microcomputer Lab Manager in April. Previously she was a Reference Librarian at the Mount Laurel Library (NJ) since December 1991. Her interests include hearth cooking, English history, family travel and reading. Lisa and her husband Lee, live in Runnemede with their 9-year-old son, Terry, and a 6-year-old daughter, Laura.

Welcome to all our new members!

Hospital Librarians . . .
because not every patient
is a textbook case.

Reference & Research Gems and Jewels

Assisting Consumers with Their Health Information Needs

By Larry Dormer, St. Michael's Medical Center

I asked the NJ Reference Center to share with me some of the consumer health questions they have recently been receiving, and what resources they used to answer them. I particularly want to thank Jennifer Whelan from the Reference Dept., for sharing some recent questions, and the sources they used to answer them. I will list the ten questions. Ask yourself what comes to mind as sources to answer each of these questions, and then look at what the reference staff used. I will list the questions, then, what was used to answer them.

1. I have gout. The doctor told me to limit my intake of foods with uric acid. What foods should I particularly avoid?
2. I have been having increasing symptoms of heartburn lately. What might be causing it?
3. What are the top selling prescriptions drugs in the United States?
4. I have a condition called hemochromatosis. Can you find me information on the condition, and doctors in NJ who treat it?
5. I have been diagnosed with stage 2 breast cancer. Can you find me information I can understand, which describes what options for treatment are available for stage ii breast cancer?
6. Where can I find a nice description of what insulin dependent diabetes is and how I should manage it (including nutrition)?
7. I am prone to bouts of diarrhea. I am being followed-up by a physician, but I want to know about foods, and nutritional supplements that might be of help.
8. I got a real bad case of poison ivy which is "driving me nuts." What is good to relieve the itching?
9. What is congestive heart failure?
10. What are the different causes of headaches? Is there a source that describes how to treat different types of headaches?

The NJ Reference Center's sources appear on page 6.

DOCLINE Tip

By Madeleine Taylor, St. Joseph's Regional Medical Center

Did you know that you can choose multiple selections when setting limits in SERHOLD searches?

After clicking region, state, or library group a popup window appears with possible choices. Simply click on the first limit you'd like, hold down the "Ctrl" key on your keyboard and click on any other limits you'd like to include. When you're done making selections, release the "Ctrl" key and click the "Apply" button. Note that at the top of the form screen, all of your choices are included. (This is a Boolean "OR" search.)

For example, click on the "Region" checkbox. When the window appears, click on Region 1. Hold down the "Ctrl" key and click on Region 8. Release the "Ctrl" key and click the "Apply" button. The top of the screen now indicates "Region 1, Region 8."

This technique can save you from having to do multiple searches for a rarely-held journal.

Librarian's Spotlight: Cathy Boss

By Terry Cuddy, Capital Health System/Fuld Campus

Cathy Boss has been Coordinator of Library Services at the Booker Health Sciences Library, Jersey Shore Medical Center for almost four years. Cathy has a Bachelors degree in Library Sciences from West Virginia Wesleyan College, a Masters degree in Library Science from Drexel University, and is a Distinguished Member of AHIP.

Cathy recently recreated the library and was happy to talk about her new facility. The new library was funded entirely with donations. The major contributors to the library project were The Jane H. Booker Charitable Foundation, the Mildred H. Rosa Charitable Trust, the medical center's Medical/Dental staff, Jean and Don Lass, and the Nurses for Knowledge Campaign. Over 200 nurses from Jersey Shore contributed over \$30,000 in a six-week campaign! Two library advocates spearheaded this Nurses for Knowledge Campaign.

The leading force in the fundraising for the library was Cathy's boss (no pun intended!), whose personal mission was to build the library. They worked closely with their Foundation office in finding donors because they knew the only way to build the new library was through donations.

The Booker Health Sciences Library at Jersey Shore Medical Center is now approximately 5,000 square feet in size. There are 14 public access computers, each with Internet access, Microsoft Office Professional, DxPlain, Gale's Health Wellness Resource Center, EBSCOhost, Well-Connected, Ovid's MEDLINE, CINAHL, HealthSTAR, Best Evidence and Journals@Ovid databases, as well as a variety of medical education software programs. The library has a collection of approximately 5,000 books, 8,000 bound journal volumes, and 2,000 audiovisuals. The library currently subscribes to approximately 350 journals. Earth tones, cream colored walls, cherry moldings, study carrels, worktables, and dark brown and beige lounge chairs decorate the library. The main reference desk is an L-shaped dome in cherry wood with a green Corian countertop. There are glass shelves and windows trimmed in cherry. Cathy's office has mahogany furniture. The library is very elegant, but functional in layout.

Previously, Cathy was Library Director at Elizabeth General Medical Center for nearly 25 years. Cathy notes several interesting differences in the two libraries. At Elizabeth General Medical Center she worked with such a variety of people that it was like a close knit-family. Jersey Shore is a larger, busier facility complete with residents, medical students, pharmacy students, social work students, and many more physicians, nurses, employees and staff. At Elizabeth General she was considered a department manager, but at Jersey Shore the library is organizationally a part of the Office of Academic Affairs so her Vice President attends the managers meetings.

Cathy has been active in HSLANJ since 1972. During that time she has served as President, Vice President, Secretary, and Treasurer. Her favorite office was President because she enjoyed orchestrating the various committees and the organization. Over the years she has also served on the following committees: Nominating, Government Relations, Archives, Finance, Hospitality, Values Clarification, Information Technology, and Consumer Health. She chaired the Values committee and the Nominating committee. She is currently an alternate representative for the Rutgers SCILS Program Associates, working to make good curriculum changes in the Masters Program, with a greater emphasis on technology. When the current term is up, Cathy will be the permanent representative. She is currently on the HSLANJ Consumer Health and Nominating Committees. But the thing that stands out most with her involvement in HSLANJ and its committees is the support she received when she was diagnosed, had surgery, and was treated for breast cancer while she was President over 12 years ago. *"Everyone was so kind and willing to offer any kind of help..."*

When she has time ;-) Cathy is very involved with her church. She is a Lector and Eucharistic Minister at Sunday mass, an instructor in the second year confirmation program for the eighth graders, on the church's carnival core committee that handles all the publicity on the carnival, is representative from her parish to the Diocese Pastoral Council and the Deanery Coordinator for the Council.

Outside of church, she follows her children's activities. She is a band parent of her youngest, Kristen, a sophomore in high school, and follows the Southern Regional High School marching band wherever they perform, such as this Thanksgiving at the Macy's Day Parade. She also follows the township softball team, and the high school swim team. Her middle daughter, Corinne, is a senior biology major at Penn State, and her oldest daughter, Keydi, graduated May 2001 also with her Master's degree in Library Science! Cathy loves to do crossword puzzles, swim, and is amazed at how computer

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Resources Suggested by NJ State Reference Library Staff

1. Uric Acid and gout? Prescription for Nutritional Healing (Balch & Balch), Foods & Nutrition Encyclopedia, Corinne Netzer Encyclopedia of Food Values.
2. Symptoms of heartburn? American College of Physicians Complete Home Medical Guide (includes 70 symptom charts. You follow the flow chart, which pins down specific possibilities).
3. Top selling prescription drugs in US? <http://www.rxlist.com>
4. Hemochromatosis? A listserv called "ironload."
5. Treatment options for Breast Cancer, stage ii? Columbia University College of Physicians & Surgeons, Complete Home Medical Guide, Susan Love's Breast Book.
6. Description of insulin dependent diabetes? Gale Encyclopedia of Medicine. For nutritional aspects, Diabetes Food Bible Complete Everyday Guide to Planning, Shopping, Cooking, and Eating with Diabetes (Hope S. Warshaw et. al.).
7. Food, nutritional supplements, etc. that may help with diarrhea? Prescription for Nutritional Healing (Balch & Balch).
8. Relief and treatment for poison ivy. Prescription For Nutritional Healing (Balch & Balch).
9. Description of congestive heart failure? Gale Encyclopedia of Medicine.
10. Different causes of headaches? Prescription for Nutritional Healing (Balch and Balch), provides a nice breakdown of causes of headaches, and appropriate treatments for each.

Ed. Note: See page 7 for the bibliographic information for the above-mentioned books.

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literate she has become. She has recently published a book chapter: Boss C. (2000). Cyberspace: The New Culture. In Kelly, Mary Lebreck and Fitzsimons, Virginia Macken (Eds.), Understanding Cultural Diversity: Culture, Curriculum and Community and Community in Nursing (pp.87-97) Sudbury, MA: Jones and Bartlett Publishers.

Cathy carries out all these activities by setting priorities and choosing what activities to become involved in, both personal and professional. "I try to have a balance-goes along with my astrological sign-I am a Libra-the scales of balance".

"What stands out in my thirty years of librarianship is the comradery that exists in our profession. We serve as each other's mentor and can call on one another when problems arise."

Cathy Boss



The new Booker Library at Jersey Shore Medical Center.

UPCOMING DATES OF INTEREST

SEPTEMBER 19	HSLANJ General Meeting
OCTOBER 14-16	NY/NJ Chapter of MLA Joint Annual Meeting with NAHSL
OCTOBER 24	HSLANJ Board Meeting
DECEMBER 6	HSLANJ General Meeting

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HELP YOURSELF DE-STRESS!

By Kathy Lindner, Englewood Hospital & Medical Center

We have purchased a set of healing audiotapes for our patients and staff, which we thought you, would like to know about. Dr. Emmett Miller, SOURCE Cassettes, puts out the tapes. You can reach them at 1-800-52-TAPES (1-800-528-2737) or <http://www.drmillier.com>.

We bought nice plastic containers in which to keep each tape and a small audiocassette player. Containers with the tapes are delivered to a patient's room on request. Our flyer, which advertises our health information service for literature, also mentions that the tapes are available. These flyers are place in waiting areas all around the hospital.

The titles of the tapes we selected are:

1. Change the Channel on Pain
2. Down with High Blood Pressure
3. Easing into Sleep
4. Headache Relief
5. Healing Journey
6. Launching Your Day
7. Letting Go of Stress
8. Successful Surgery and Recovery
9. Healing Your Back.

Dr. Emmett Miller has an amazingly soothing voice. If you want to choose just one for yourself to relax and de-stress at the end of the day, I would recommend "Healing Journey." It will take you through a wonderful relaxation experience where you will concentrate on healing any ailments you may have.

I use this tape often at the end of a busy workday. Just put that tape on, and lie on a blanket in the floor at home (where you won't be disturbed). The best position is the yoga position "Savasana," the corpse pose, where you are lying down flat on your back with your hands about 12 inches from your sides, feet spread about 12 inches apart, palms up to the ceiling.

Happy listening and relaxing. We need it!

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Kudos to Our Members!

By Patricia May and Madeleine Taylor, St. Joseph's Regional Medical Center

Keydi Boss, daughter of **Cathy Boss**, Jersey Shore Medical Center, is the new librarian at Holy Name Hospital in Teaneck. Keydi recently graduated from Rutgers University with her Masters in Library Services. Welcome Keydi!

Duressa Pujat, Hackensack University Medical Center, co-authored the following article: Gross PA, Pujat D. Implementing practice guidelines for appropriate antimicrobial usage: a systematic review. *Medical Care* 2001 Aug; 39(8 Suppl 2): I155-I169.

Duressa also published an item in the Medical Library Association's Hospital Libraries Section Newsletter, National Network. In a column entitled Chapter Activities, Duressa wrote about HSLANJ's May 10th award ceremony. Pujat D. HSLANJ recognizes outstanding librarian, library assistant and health sciences library advocates. *National Network* 2001 July; 26(1):23.

Doris Eaton, St. Joseph's Regional Medical Center, received rave reviews of the PubMed and Consumer Health on the Web classes that she has presented. Underwritten by funding from the National Library of Medicine, the Highlands Regional Library Cooperative had arranged for the classes to be held at various locations over the last two years.

Kathy Lindner, Englewood Hospital & Medical Center, appeared on New Jersey News, Channel 12, on June 25. She talked about the health information service and the Meland Foundation at Englewood Hospital.

Kathy Lindner and **Lia Sabbagh**, Englewood Hospital & Medical Center, were recognized in June at the graduation class of residents 2001: "In grateful recognition for their support and assistance."

Patricia May, St. Joseph's Regional Medical Center, received a Certificate of Appreciation from the Internal Medicine Residency Training Program at the June graduation ceremony for "her dedication to the education of residents in the Department of Medicine."

Juliette Ratner, Overlook Hospital School of Nursing, recently received her Academy of Health Information Professionals (AHIP) renewal at the Senior Level.

Lia Sabbagh, Englewood Hospital, received an award at the hospital's celebration of Nursing Week. She was awarded the "Friend of Nursing Award for exemplary performance and professionalism."

Eleanor (Cohen) Silverman, St. Joseph's Regional Medical Center, was recently married to Dr. Philip Silverman. Congratulations to the newlyweds!

Correction from last issue: **Micki McIntyre** is the new HealthyNJ librarian, and she is still with UMDNJ in Stratford. This is a new position in the same library. She can be reached at (856) 566-6936 or mcintyre@umdnj.edu.

FROM THE EDITOR:

This is the second issue of ePulse I have edited, and I would like once again to thank those HSLANJ members who have contributed articles and photographs.

I now ask for you all to keep the ePulse in the back of your mind during work. If you come across some wonderful web site, why not share it with your colleagues? Just do a quick write-up in an email to me, and it will be included in the next issue. Have you been to a wonderful lecture or class? Why not tell us all about it? Contributions to the newsletter do not have to be formal articles – I take just about anything you can type and squeeze it in. If you'd rather write it on paper, please do so. The newsletter can't exist without your participation. We're all creative writers in our day to day activities.

This newsletter can be as long – or as short – as it needs to be. I have no problems adding a page (now that I've figured out how!). If you have an idea, please email me. I have a nice little folder in my email that holds onto your emails until I'm ready to work on the next issue. When I start asking for articles again, you may have forgotten that idea. If you're like most of us, you can only hold so much information in your brain before something has to move out and make room for something else. So send your ideas as you think of them. And, please – I'm not going to be at the September CE session – so why don't **YOU** write up a summary?